

...for women's special needs

COMPRESSION THERAPY

for edema, lymphedema and vascular conditions



*W*omen's Health Boutique is a beautifully designed healthcare boutique for women's special needs. Whether you have edema, lymphedema, tired and fatigued legs, vascular conditions or other compression needs, Women's Health Boutique can help you return to your normal, active lifestyle.

Come experience the unique ambiance of Women's Health Boutique ... "where dignity is free."

~ *Compression Hosiery* ~

Fashion, Maternity, Surgical, Custom-Measured

~ *Lymphedema Sleeves* ~

~ *Compression Pumps* ~

~ *Non-Elastic Compression Systems* ~

~ *Plastic Surgery Garments* ~

Also products for Pre- and Post-Breast Surgery, Wigs & Turbans, Incontinence, Skin Care, and Prenatal Postnatal Care



COMPRESSION THERAPY

Frequently Asked Questions



What is compression therapy? Compression therapy is sustained, graduated pressure which improves circulation of blood and lymphatic flow.

When would I need compression therapy? If you have tired, achy legs; after certain surgeries; and to minimize the effects of lymphedema.

What is lymphedema? Lymphedema is swelling caused by an abnormal accumulation of lymph fluid. Surgical removal of lymph nodes, trauma, or a congenital defect can interfere with lymphatic systems causing fluids to pool in your arms and legs.

How can compression therapy help my varicose veins? Weakened vein walls and valves that can cause varicose veins can be controlled and managed with proper support products.

What can I do to prevent circulation problems? Avoid crossing your legs at the knee, and standing for long periods. When resting, elevate your legs higher than your heart. Exercise to improve blood flow.

Is it true compression hosiery are no longer ugly and hard to put on? Compression hosiery are now available in many fashionable colors and styles. An optional stocking aid can make donning simple, fast and easy.



*W*OMEN'S HEALTH
BOUTIQUE®